

# SIX DEGREES SOCIAL ENTERPRISE NEWSLETTER - COMMUNITY MEMBERS' EDITION AUTUMN 2022

Dear community members,

I hope you've had a good summer. I'd like to thank you all for your participation and engagement in the recent Annual General Meeting. It has been a busy few months and hopefully the newsletter captures the essence of this.

*Kelly Hylton, Managing Director*

## OUR FIRST IN-PERSON ANNUAL GENERAL MEETING SINCE 2019

Thank you to everyone who took part in making our first in-person AGM since 2019 happen. It was great to see everyone who was able to attend.

As well as making plans for our future, the AGM gave us an opportunity to reflect on the past twelve months. Last year's AGM saw us look to the future and anticipate a post-COVID recovery.

Unfortunately, COVID had other ideas and we continue to feel the impact of the pandemic on our lives, with challenges for both our staff and the communities we serve. Despite this, the last year has seen optimism return with many achievements along the way.

Our service provision experienced several milestones during the year. We provided talking therapies and bereavement support to 10,576 people. We are proud to say that our bereavement service was successfully commissioned in 2021 as

the Greater Manchester Bereavement Service (GMBS). We are delighted that the summer of 2021 saw the launch of the Salford Bereavement and Loss Therapy Service. True to our vision, we continue to enable the communities we serve to achieve their best mental health and wellbeing.

As an organisation we have also had our own triumphs. We moved to a new spacious office. This has helped us to regroup following the isolated working of the pandemic and, perhaps an even greater achievement following the pandemic, we achieved a silver award from Investors in People.

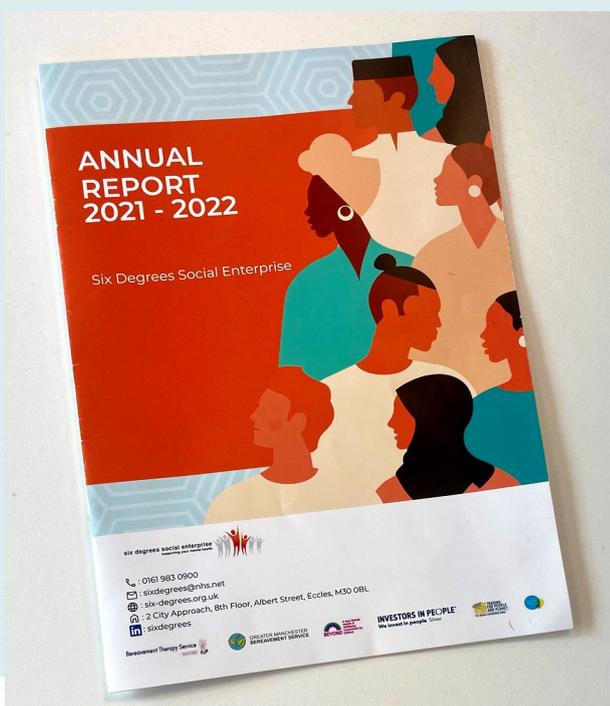
The pandemic has tested our resilience as a society with often the most vulnerable being adversely affected - further widening health inequalities. We, as an organisation have been able to function, and even thrive. This has allowed those who most depend on our support to continue to do so in the face of the pandemic, something I am incredibly proud of.

The feedback we have received shows we are kind, helpful and compassionate, and we make a huge difference to our patients' lives. There is no question that each one of you have been an invaluable asset over the last few years.

This AGM marked a turning point as we come back together. It was a precious moment to reflect, share progress, collaborate and catch up with each other and wider partners. Also, to say thank you and I recognise the remarkable levels of commitment our team and other partners show to the communities we serve.

The minutes of the meeting can be found on the community members page of our website:

<https://six-degrees.org.uk/community-members/>



## OUR VISION

Our vision is to enable the communities we serve to achieve their best possible mental health and well-being.

## STRATEGIC OBJECTIVES

**Our People** - We maintain high quality, compassionate and safe services for those we support.

**Our Workforce** - We support an enabling environment that allows our people to grow and develop.

**Our Partnerships** - We develop strong, collaborative and trusted relationships with our commissioners, communities and partners.

## OUR MISSION

Our purpose is to build resilient communities in which people are connected, supported and equipped to deal with the challenges they may face.

## OUR NEW VALUES

August 2022 saw the launch of our new values. Further work will be completed to embed these in to our work.

 Professional

 Innovative

 Supportive

 Collaborative

 Inclusive

## REVIEWING OUR DELIVERY MODEL AND WAYS OF WORKING

Our pre-pandemic model of providing services requires some fine-tuning, specifically around our people, communities and to re-establish our relationships with GPs and wider partners, in a more digitalised world. To facilitate this, and to engage the team in designing the way forward, I have held a number of organisational direction sessions.

As part of the sessions we discussed how we can continue to celebrate our diversity, reconnect with our purpose and to engage with the emerging complexities, away from remoteness and toward connection between each other, teams and around our people and communities. We are working towards delivering services to our people more closely alongside our partners, from the GP surgeries and community venues whilst maintaining an offer of choice and exploring the valuable aspects of current working practices. This ideal position, we hope to work towards in the next 12 months (room space allowing).

For Six Degrees, a set of principles have been developed to help guide our decision making as we move forward.

## THE CHANGING LANDSCAPE OF COMMISSIONING



From the 1 July 2022 the Greater Manchester Integrated Care Systems (ICS) replaced Clinical Commissioning Groups (CCG).

In Greater Manchester the new arrangements mark the latest stage in the region's journey to more joined up working in tackling health inequalities.

1 July marked not only the next step on the journey of collaboration and integration, but also the start of a new era in Greater Manchester's collective commitment to improving the health and wellbeing of our people. It will also look to tackle the cost of crisis living and how to support the recovery of the covid pandemic.

The third sector will play a vital part, with place based and local knowledge.

We are incredibly proud to have a seat on the Alternative Provider Federation (APF) board. This enables us to be at the forefront of influencing and developing the way forward.





## OUR NEW HOME—WE'RE IN!

I am very much enjoying being back together in our new home. It's great to see everyone in person on a more regular basis.

The amount of hard work it has taken to move offices and get City Approach ready for us has not gone unnoticed. On the hottest day of the year members of the business support team worked with the removal team all day whilst the air conditioning wasn't working fully. Despite how challenging and uncomfortable this day was they worked together to ensure all their goals were achieved.

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## WEBSITE RELAUNCH

Some time has been spent in the background improving our website following staff and patient feedback that identified the need for it to be simpler and more user-friendly.

This work has now been completed and our 'new look' website has been launched. Please take a look and let us know your comments and feedback.

<https://six-degrees.org.uk/>

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## COMMUNITY MEMBERSHIP - recruiting now!

The recent AGM highlighted the importance of community members to Six Degrees. We're always on the look out for new members and information can be found on refreshed website: <https://six-degrees.org.uk/community-members/>. Please feel free to share this with anyone who you feel could contribute to our community membership.

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## SIX DEGREES ON LINKEDIN



We continue to work on building our following on LinkedIn to help raise awareness of the organisation and the work we do. If you haven't already done so, please follow the page. And if there are any professional contacts who we could link with please let us know. Here is the link to our page:

<https://www.linkedin.com/company/six-degrees-social-enterprise>

*Whether you've been  
naughty or nice,  
don't think twice...*

**COME AND JOIN US**

in celebrating the opening of our new office  
and the start of the festive season with a  
mince pie and brew

**DECEMBER**

**8**

**1:00 - 3:00 P.M.**

**8TH FLOOR, 2 CITY APPROACH,  
ALBERT STREET, ECCLES, M30 0BL**

six degrees social enterprise  
supporting your mental health

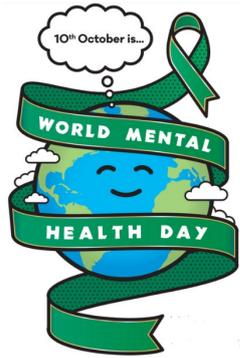
## 10 OCTOBER 2022 - WORLD MENTAL HEALTH DAY

The theme of 2022's World Mental Health Day, set by the World Federation for Mental Health, was 'Make mental health and wellbeing for all a global priority'.

This day raises awareness and gives a chance to talk about mental health in general, how we need to look after it, and how important it is to talk about things and get help if you are struggling.

As we all know poor mental health can affect anyone of us and 1 in 4 people will experience a mental health problem of some kind each year in England. With a listening ear we can all help someone who is having a difficult time in their life and as an organisation we helped more than 10,576 individuals from Greater Manchester and its communities last year.

Greater acceptance and open conversation will continue to break down stigma and help people build resilience, and to speak up without fear of judgement or shame.



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### VACANCIES

Our current vacancies are listed below. If you know anyone who may be interested, please share the link. These can also be found on our website: <https://six-degrees.org.uk/work-for-us/>

Psychological Therapist - <https://beta.jobs.nhs.uk/candidate/jobadvert/B0248-22-9618>

Senior Integrated Governance Manager - <https://beta.jobs.nhs.uk/candidate/jobadvert/B0248-22-7218>

